

Dairy Alternative: Homemade Rice Milk

★★★★★ 4.8 from 44 reviews

Homemade rice milk costs just 6¢ to make! Compared to store-bought, you're saving 99%!! My favorite variation is cinnamon vanilla – it's so good!

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Prep Time: 2 mins

Cook Time: 0 minutes

Total Time: 2 mins

Yield: 4 cups

Category: Beverages

Method: Blend

Cuisine: American

ingredients

- 1 cup cooked [rice](#)
- 4 cups filtered water



instructions

1. Measure the rice into a blender and add 4 cups of filtered water. Blend until smooth, approximately 1 minute. You may want to blend again for ultra-smooth consistency. Store in the refrigerator and enjoy cold; shake before using.

notes

For two cups: 1/2 cup rice, 2 cups water

For one cup: 1/4 cup rice, 1 cup water

